

THAT'S REAL

PART 2 | REAL DREAMS FOR OUR FAMILY

READ | Genesis 49:28

Believing the best in one another is powerful. One of the greatest things we can do for our children and the next generation is to speak blessings over them. We can impart the supernatural power of God in a human life through the spoken word.

REFLECT | Why is it important to physically speak a blessing?

5 Elements of a Blessing

- **A Special, Physical Touch - READ | Deuteronomy 33:27**

Often, this was a hand upon the head or shoulder. The natural, healthy, comfortable display of affection deposits a great amount of love and security into a child.

- **A Look of Love - READ | Job 36:7, 2 Chronicles 16:9**

Eyes communicate powerfully. Unfortunately, a lot of eye contact can be used negatively: a reprimand, questionable, or analyzing look. Part of blessing your children is looking them straight in the eyes. Imagine love coming out of your heart and being deposited into their hearts through your eye contact.

- **Focused Attention**

What makes a blessing so powerful to a child is your undivided attention. Often, children spell love T-I-M-E. Intentional time send a message that they are valuable, one-of-a-kind, and worthy of love.

- **A Spoken Word of Unconditional Love**

Statistics show that one of the biggest needs our children have is encouragement. Children can see their own failures and it does not take much to crush their tender spirits. It takes courage to see the flaws and speak a different reality over them. As parents and mentors, speak over their life, "That is not who you are - your behavior does not define you." There needs to be a place of unconditional love in their lives.

- **A Positive Dream for the Future - READ | Jeremiah 29:11; Number 6:24-26**

Every child has a purpose, we need to speak to their potential and nurture their gifts and talents. God does that for us; He tells us we have a hope and a future!

REFLECT | How do you impart blessings to those around you (children, friends, family, etc.)

READ | Hebrews 11: 29-35

Part of the blessing is simply proclaiming who we are and where we have come from. Our bloodline is full of champions; we have Jesus in our bloodline! Bless your children and remind them who they are and who came before them.

SUMMARY | Believing and speaking a blessing over someone, especially our children, can be a powerful tool. We can impart a powerful blessing when we lay hands on them, look them in the eye, give them focused attention, speak words of unconditional love, and carry a positive dream for their future. This is one of the greatest things we can do for the next generations.

PRAYER | Make time to pray for one another before you dismiss your group.