

## Walk This Way - Part 12

### Walk in Wisdom

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We've been talking about how God wants us to walk in this series and today we will look at how to walk in wisdom.

**Read:** Ephesians 5:15

Some good definitions of wisdom are:

- Knowledge guided by understanding
- The right use of knowledge
- Actions today that prove right tomorrow

The book of Proverbs gives us insight into the incredible benefits of wisdom: profit, long life, honor, peace, promotion, a crown of glory.

**Respond:** What is your understanding of how to gain wisdom?

**Read:** Proverbs 8:1-2

Many wise antidotes for life actually contradict each other.

"Patience is a virtue." or "Seize the day." "He who hesitates is lost." or "Look twice before crossing."

They are all true depending on the context, many times the sweet spot is finding the balance between the two truths. "Wisdom takes her stand where the paths meet," according to Proverbs 8.

The balanced life is a healthy, well-rounded life. Here are 2 really good reasons to walk in wisdom and seek balance in our lives:

1. Balance keeps you out of the ditch.
  - A balanced life will help us avoid extremes in money, work (Proverbs 26:14), raising children, your spiritual life (1 Timothy 4:7), physical health, hobby, and recreation
2. Balance helps you manage your priorities.
  - It's impossible to walk in wisdom and not be going someplace. When we see the wisdom in a balanced life we will be able to manage priorities in every aspect.
  - 6 priorities of life that we all need to balance:
    - i. Spiritual life - seek first the kingdom
    - ii. Emotional life - levels of peace, joy, stress, anxiety
    - iii. Physical life - exercise and eating right
    - iv. Family life - relationships, spouses, children, friendships
    - v. Vocational life - jobs, work relationships
    - vi. Hobby and Recreational life - time for refreshment

**Respond:** What areas of your life do you need more balance and wisdom?

### **Summary**

We have all heard that there is an order to your priorities, but really it's all important. If one area is not balanced it affects every other area of your life. Finding balance (where the two roads meet) is what walking in wisdom looks like. Avoid the ditches, and keep your priorities well-rounded.

**Prayer:** Make time to pray for one another before you dismiss your group.