

Walk This Way - Part 10

Walk in Humility

“Humility is not thinking less of yourself, it is thinking of yourself less.” - C.S. Lewis

We desperately need to walk in humility, not only because of all the benefits it brings but also because pride and arrogance destroy everything.

Read: 1 Peter 5:5

Walking in humility requires us to take action. Jesus gave us the perfect example of humility when He washed His disciples' feet. Here are some practical ways that help produce a life of humility:

- Use common sense. Pay attention to God's creation and let it humble you.
- Embrace family life. Allow your family to be real with you.
- Live relationally connected. We need good friends to keep us grounded. (Proverbs 27:6)
- Face failure honestly.
- Be open to authentic criticism. If it's true, own it.
- Admit that pride is an issue.

Respond: What other action steps can be taken to “put on humility”?

Recognizing pride is the first step to walking in humility.

5 Ways to Recognize Pride:

1. Are you irritated when you are corrected for a mistake?
2. When you make a mistake, are you quick to make excuses and shift blame?
3. Are you prone to think you can go it alone?
4. Is it difficult for you to take advice?
5. Is your life marked by a sense of competition? Do you tend to separate people into groups of winners and losers?

Respond: Where do you recognize pride in your life? Do you have certain “pride triggers” that you can identify?

Read: Proverbs 22:4

The reward for humility is riches, honor, and life; but walking in humility requires combatting pride.

Here are 5 key steps to avoid pride and walk in the benefits of humility:

1. Always keep God's grace in view.
2. Seek to live in total dependence upon God.
3. Cultivate a heart of gratitude.
4. Be truly others-oriented. (Philippians 2:3)
5. Follow the leader. (Matthew 11:29)

Summary

Humility takes action, it requires you to do something and work at it. God tells us that the reward for walking in humility is riches, honor, and life! To enjoy the riches, honor, and life we must recognize pride and take action steps towards humility.

Prayer: Make time to pray for one another before you dismiss your group.